

## Medium Term Plan: Supporting Implementation of LTP/Progression Grid

| <b>Subject: Personal Development;</b>  | <b>Relationships</b> | <b>Year B : UKS2</b> |
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| <p><i>NB The statutory and non-statutory objectives are continuously revisited in a spiral curriculum using Jigsaw toolkit. Within themed topic's we teach objectives discreetly in MTP's whilst revisiting in outline previously taught objectives. For the purpose of this MTP we are emphasising the following objectives that pupils should be taught:</i></p>   |                      |                      |
| <p><b>RSHE Statutory Guidance</b><br/>           Caring Friendships 2a-e<br/>           Respectful Relationships 3a-f<br/>           Online Safety 4a-e<br/>           Being Safe 5a-h<br/>           Mental Health 6a-e<br/>           Internet Safety 7a-eg,<br/>           Physical Health 8a-d<br/>           Healthy Eating 9a-c</p> <p><b>Non Statutory Guidance Citizenship KS2</b><br/>           Developing confidence and responsibility and making the most of their abilities 1a-c,e<br/>           Preparing to play an active role as citizens 2a-b,d-f,h-i<br/>           Developing a healthy, safer lifestyle 3a,e-f<br/>           Developing good relationships and respecting the difference between people 4ab,f-g<br/>           Breadth of Opportunities 5a-i</p>                   |                      |                      |
| <p><b>Prior Learning (what pupils already know and can do)</b><br/>           Know how to cope when others fall out with you<br/>           Know what a boyfriend and girlfriend is<br/>           Know how to show appreciation of others and of animals<br/>           Know how to articulate how they feel when they miss someone<br/>           Know what negotiation and compromise mean<br/>           Know how their choices effect other people, friends, family and people they do not know<br/>           Know that changes can't happen to their bodies without their permission<br/>           Know that you have same rules online as you do for face to face friendships<br/>           Know that some online information can be fake or misleading and can impact on your mental health</p> |                      |                      |
| <p><b>End Points (what pupils MUST know and remember)</b><br/>           Know how to identify mental health worries and sources of support<br/>           Know when people are trying to gain power and control and that can affect my mental health<br/>           Know how to express feelings of loss and uses strategies to manage these feelings<br/>           Know about my rights, responsibilities and staying safe online on line<br/>           Know how to resist peer pressure I may face when using technology<br/>           Know my body is my own and my permission is needed to change it</p>  |                      |                      |
| <p>Key Vocabulary to teach each session; peer pressure, self-worth, loss, responsibility, technology, power, control, mental health sources, negotiation, FGM, cultural traditions, suicide</p>  |                      |                      |
| <p><b>Session 1:</b> I know who I am as a person, characteristics and attitudes. Understand about belonging to an online community and this can be positive and negative. I know my responsibilities and rights within my online community, and gaming online</p>  |                      |                      |
| <p><b>Taught Year B Relationships Units 1 &amp; 2</b></p>  |                      |                      |
| <p><b>Session 2:</b> I have learnt how to stay safe online and all about online risks and what I need to do to be safe. I understand about screen time and spending too much time on devices.</p>  |                      |                      |
| <p><b>Taught Year B Relationships Units 1 &amp; 2</b></p>  |                      |                      |
| <p><b>Session 3:</b> I know it's important to take care of mental health and how to. I understand about grief and loss and understand how I can cope with this and what to do.</p>   |                      |                      |
| <p><b>Taught Year B Relationships Units 1 &amp; 2</b></p>  |                      |                      |

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**Session 4:** I can judge if something is safe online and helpful for me. I can use technology positively and safely to communicate with my friends and family.

**Taught Year B Relationships Units 1 & 2**

**Session 5: Healthy Relationships (FGM)**

Recap; What to do if you are worried about something, your rights as a child, personal space, body privacy and who can help. Look at cultural traditions; tattoos etc. and no changes to your body can be made without your permission. Expand traditions to cultural to learn FGM is something done to girls in certain communities between age birth to puberty. There are different ways it is done, it is painful and changes the way the body looks. It is harmful and can lead to long term problems. There are no medical benefits and it is illegal in the UK.

**Taught Year B Link Healthy Me**

**Optional Lesson FGM Age 10-11 My body Let's Talk about FGM**

**Session 6: Online relationships ;**

Learn how to critically consider their online friendships and sources of information including search engines, ranking selective targeting and an awareness of the risks associated with people they have never met. Talk about the term influencers and how they work online, positive and negative. Learn that the internet can be a negative place with online abuse, bullying harassment and this can have a negative impact on mental health. Talk about low mood and how some young people consider suicide – narrative Story of the 3 Walking Dads, who lost their daughter's- linked to social media influences.