

## Medium Term Plan: Supporting Implementation of LTP/Progression Grid

| <b>Subject: Personal Development;</b>  | <b>Relationships</b> | <b>Year B : LKS2</b> |
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| <p><i>NB The statutory and non-statutory objectives are continuously revisited in a spiral curriculum using Jigsaw toolkit. Within themed topic's we teach objectives discreetly in MTP's whilst revisiting in outline previously taught objectives. For the purpose of this MTP we are emphasising the following objectives that pupils should be taught:</i></p> <p><b>RSHE Statutory Guidance</b><br/>           Families and People Who Care for Me 1a-f<br/>           Caring Friendships 2a-e<br/>           Respectful Relationships 3a-h<br/>           Online Safety 4a-e<br/>           Being Safe 5a,c,e-g<br/>           Internet Safety 7b-c,e,g<br/>           Physical Health 8a-d<br/>           Healthy Eating 9a-c</p> <p><b>Non Statutory Guidance Citizenship KS2</b><br/>           Developing confidence and responsibility and making the most of their abilities 1a-c<br/>           Preparing to play an active role as citizens 2a, c, e-f<br/>           Developing a healthy, safer lifestyle 3f<br/>           Developing good relationships and respecting the difference between people 4a,c-d,g<br/>           Breadth of Opportunities 5a-h</p> |                      |                      |
| <p><b>Prior Learning (what pupils already know and can do)</b><br/>           Know that families can be and are different and that they are of equal value and must be respected<br/>           Know how to seek advice from family friends, teachers and people in authority<br/>           Know what is appropriate touching and what is not appropriate touching<br/>           Know when a secret is ok to keep and when one is not if it leads to another person's harm<br/>           Know online safety rules and who to go to when concerned<br/>           Know people can behave differently on line</p>   |                      |                      |
| <p><b>End Points (what pupils MUST know and remember)</b><br/>           Know how to cope when others fall out with you<br/>           Know what a boyfriend and girlfriend is<br/>           Know how to show appreciation of others and of animals<br/>           Know how to articulate how they feel when they miss someone<br/>           Know what negotiation and compromise mean<br/>           Know how their choices effect other people, friends, family and people they do not know<br/>           Know that changes can't happen to their bodies without their permission<br/>           Know that you have same rules online as you do for face to face friendships<br/>           Know that some online information can be fake or misleading and can impact on your mental health</p>  |                      |                      |
| <p>Key Vocabulary to teach each session; negotiation, appreciation, boyfriend, girlfriend, respect, responsibility, roles, compromise</p>  |                      |                      |
| <p><b>Session 1:</b> Families; Role and responsibilities of family members, stereotypes male and female. Marriage is a formal and legal commitment by two people, recognise how family relationships can make you happy or unhappy / unsafe and how to seek help and advice</p> <p><b>Taught Year B Relationships Units 1 &amp; 2</b></p>  |                      |                      |
| <p><b>Session 2:</b> Friendships; I can use the skills I have learnt to make friends; turn take, listen and I can recognise how friendships change and how to make new friends and how to manage when I fall out with friends. What is a boyfriend / girlfriend and when I am older I may have one.</p> <p><b>Taught Year B Relationships Units 1 &amp; 2</b></p>  |                      |                      |
| <p><b>Session 3:</b> Relationships; can recognise situations that cause jealousy in relationships. I can identify someone I love and how they are special to me. I can talk about someone I no longer see -</p>  |                      |                      |

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endings. I know how to express love and appreciation to the people and animals that are special to me. **Taught Year B Relationships Units 1 & 2**

**Session 4:** Choices; I know how to use strategies to keep myself safe online, I am aware of the value of the internet and the dangers of online friendships. I can explain how some of the actions and work of people around the world help and influence my life. I understand the needs and rights of children around the world and how our lives might be different

**Taught Year B Relationships Units 1 & 2**

**Session 5 Healthy Relationships (FGM)** Know that no one can make changes to my body without my permission. Sometimes changes happen to your body because you need medical help. Sometimes, things happen to your body that you did not give permission for. In some communities they have traditions in which changes happen due to their culture. Tattoos, markings on your body, these are celebratory in that tradition. But permission is still needed for these changes to happen. Know how to ask for help for self or friend even if it's hard to talk about.

**Session 6 Online relationships** Learn that the same principles apply to online friendships as face to face including respect for others even when we are anonymous. Learn about risks on line and how to recognise and how to report them. Learn what harmful content is and what to do when you come across it. Learn how information can be helpful but also how online information can be fake, misleading or wrong and can impact on your mental health. Learn about age restrictions of social media/ games exploring gaming risks and hazards

**Jigsaw Optional age 5-7 Piece 2 internet safety**