### Medium Term Plan: Supporting Implementation of LTP/Progression Grid

### Subject: Personal Development: Dreams & Goals Year A: LKS2

NB The statutory and non-statutory objectives are continuously revisited in a spiral curriculum using Jigsaw toolkit. Within themed topic's we teach objectives discreetly in MTP's whilst revisiting in outline previously taught objectives. For the purpose of this MTP we are emphasising the following objectives that pupils should be taught;

#### **RSHE Statutory Guidance**

Respectful Relationships 3c,e,g,h

Being Safe 5a,g-h

Mental Well-Being 6b-d

### **Non Statutory Guidance Citizenship KS2**

Developing confidence and responsibility and making the most of their abilities 1a-c,e-f

Preparing to play an active role as citizens 2a-b,e,i

Developing good relationships and respecting the difference between people 4e

Broader opportunities 5a-h

#### Prior Learning (what pupils already know and can do)

Know how to set goals and achieve them

Know how to work within a team

Know how to talk about how they feel when things are difficult or positive

Know how to help themselves to overcome a difficulty

Know to ask for help from a trusted person; family, teacher or friend

Know there are different ways to get money and pay for things

Know different types of employment and jobs you can get to earn money

## **End Points (what pupils MUST know and remember)**

Know how to cope with difficult challenges

Know how to self-manage own disappointments to self-regulate

Know how to recognise their own strengths

Know how to celebrate others strengths even when disappointed

Know how to be realistic in their ambitions

Know how to feel confident in expressing own achievements

Know ways to look after money and spend it wisely

Know about jobs I might like to try and study for

Key Vocabulary to teach each session; achievement, disappointment, realistic, challenges, self-regulation, dreams aspirations, resilience, responsibility, confidence, success, failure

**Session 1:** Difficult Challenges and Achieving Success - Identify dreams and ambitions that are important to them. Enjoy facing new challenges and working out the best ways to achieve them resilience and responsible for myself, choices and decisions.

## Taught Year A Dreams and Goals units 1 & 2

**Session 2:** Resilience and confidence; To be motivated and enthused about achieving new challenges, developing confidence that comes with both success and failure. Recognising obstacles that will need to be overcome to achieve ambitions.

#### Taught Year A Dreams and Goals units 1 & 2

**Session 3: Hopes and Dreams**; Understand that hopes and dreams don't come true and that this can hurt. I have strategies to help with disappointment. Creating realistic dreams, knowing boundaries and what to do to achieve

## Taught Year A Dreams and Goals units 1 & 2

**Session 4: Achieving Goals**; I know how to make a new plan and set realistic goal to meet my expectations even if disappointed. I realise I may need help as part of a group to achieve my goals. I recognise mine and others contributions to a group achievement, working as a team, celebrating others contributions; humility, resilience, positive attitudes

#### Taught Year A Dreams and Goals units 1 & 2

**Session 5 Economic Well-Being** 

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Explore How they look after money. What happens if money is not spent well, what is the impact on you, your family and the environment? How do banks work and what services can you access and how they help to look after money. Teach vocabulary:

cash, credit card, debit card, vouchers, cheques, online banking budgeting, priorities

Jigsaw Optional Lesson Financial Education Age 7-9 Keeping track of Money

**Session 6 Careers:** Pupils will cover gender assumptions, expectations and stereotypes in jobs in the UK and across the continents. Pupils will learn about different factors and lineages of gender stereotyping. Pupils will cover work life behaviours and resilience and character. Labour market information describes the condition of the labour market, past and present, as well as future projections. Learn where work opportunities are increasing or decreasing, what occupations exist, what pupils need to study to become a professional in that occupation, what is required to take up an occupation, how one can find a job, change job or progress in a career.