### Medium Term Plan: Supporting Implementation of LTP/Progression Grid

### Subject: Personal Development; Relationships Year B: KS1

NB The statutory and non-statutory objectives are continuously revisited in a spiral curriculum using Jigsaw toolkit. Within themed topic's we teach objectives discreetly in MTP's whilst revisiting in outline previously taught objectives. For the purpose of this MTP we are emphasising the following objectives that pupils should be taught;

#### **RSHE Statutory Guidance**

Families and People Who Care for Me 1a-f

Caring Friendships 2a-e

Respectful Relationship 3a-e,h

Online Safety 4a-d

Being Safe 5a-h

Mental Health and Well-Being 6a-i

Internet Safety 7c-e,g

## **Non Statutory Guidance Citizenship KS1**

Developing confidence and responsibility and making the most of their abilities 1a-c

Preparing to play an active role as citizens 2a-d,

Developing a healthier, safer life style 3b,g

Developing good relationships and respecting the difference between people 4a,

Breadth of Opportunity 5a-h

#### Prior Learning (what pupils already know and can do)

Know that families are made up of different groupings

Know families are important and they give love and security

Know about the internet

Know it can be helpful for; watch things, find out information

Know what digital media is; website, videos, games

## **End Points (what pupils MUST know and remember)**

Know that families can be and are different and that they are of equal value and must be respected

Know how to seek advice from family friends, teachers and people in authority

Know what is appropriate touching and what is not appropriate touching

Know when a secret is ok to keep and when one is not if it leads to another person's harm

Know online safety rules and who to go to when concerned

Know people can behave differently on line

Key Vocabulary to teach each session; Families, LGBT, equality, protected characteristic, law, safe and unsafe physical contact, comfortable, not comfortable, relationship

**Session 1:** Identify family members and understand that there can be very different types of families. Understand your relationship with each of them and know why it's important to share and co-operate

#### Taught Year B Relationships units 1@2

**Session 2:** I understand that there are lots of different types of physical contact in a family and that some of it is acceptable and some of it is not. I know appropriate ways of physical contact to greet a friend and know which ways I prefer

### Taught Year B Relationships units 1@2

**Session 3:** I understand that sometimes it's good to keep secrets and sometimes it is not good to keep a secret. I know who can help me in my school community. I recognise and appreciate people who can help me in my family, my school and my community.

### Taught Year B Relationships units 1@2

**Session 4:** I can identify what being a good friend means to me. I can recognise my qualities as a person and as a friend. I can identify some things that cause conflict with friends

Taught Year B Relationships units 1@2

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Session 5: Online Relationships; Children learn the meaning of being online on the internet. They learn that people can behave differently online, including by pretending to be someone they are not. Explore social media games and friends met within games, linked to current popular games online. They learn friends on line must be someone they know exists in real life and they know them in real life. They learn about online rules. No sharing of personal details including pictures. What to do if they don't feel safe on line.

### Jigsaw Optional Internet safety Ages 5-7 (KS1) piece 1

# Session 6: Healthy Relationships;

**Note**: We do not cover the FGM concept discretely using such terms as it may cause fear in children whose lives may not be touched by this. However we focus on healthy relationships; what to do if worried, private personal space.

Children Learn that every part of my body is important and which parts are private. How they can ask someone for help or advice if they are worried about their body

**Jigsaw Optional FGM-ages 5-7(KS1)**