### Subject: Personal Development Celebrating Difference Year A: KS1

NB The statutory and non-statutory objectives are continuously revisited in a spiral curriculum using Jigsaw toolkit. Within themed topic's we teach objectives discreetly in MTP's whilst revisiting in outline previously taught objectives. For the purpose of this MTP we are emphasising the following objectives that pupils should be taught;

#### **RSHE Statutory Guidance**;

Families and People Who Care 1a- f

Caring Friendships 2a-e

Respectful Relationships 3a-h

Online Safety 4a-c,e

Being Safe 5a,d,e,f

Mental Health and Well-Being 6a-j

Internet Safety 7b-c

Health and Prevention 11b-f

#### **Non Statutory Guidance Citizenship KS1**

Developing confidence and responsibility and making the most of their abilities 1a-e

Preparing to play an active role as citizens 2a,c-d

Developing a healthier, safer life style 3a-g

Developing good relationships and respecting the difference between people 4a-e

Breadth of opportunity 5 a-b, d-e-g-h

### Prior Learning (what pupils already know and can do)

Know that there are difference's; height, eye colour, skin, language, name, clothing

Know how kind and unkind words make you feel, happy, sad

Know what a friend is

Know how to use equipment safely

## **End Points (what pupils MUST know and remember)**

Know about more complex similarities and difference; physical, faith, families make up

Know that difference should be valued and celebrated

Know how to make friends

Know the term bullying and what it means

Know about wider safety risks of the sun

Know that mental health is as important as physical health and ways to look after it

Key Vocabulary to teach each session; Written In bold at the beginning of each session. To be revisited in following sessions;

Difference, similarity, bullying, friendship, inclusion, isolation, similar dissimilar, stereotype, gender, faith, bias, hydration, protective clothing, mental well-being.

#### Session 1:

Similarity and difference; Understanding people in my class, in my family; what makes us all special. What the word bully means. Know who to talk to if they feel bullied

# Taught Year A Celebrating difference units 1@2

**Session 2:** What is a friend and how to make them? Talk about the ways they are different to their friends. Know that people are unique and that's ok to be different

# Taught Year A Celebrating difference units 1@2

**Session 3:** Assumptions and stereotypes about gender; What is an assumption. What is a stereotype? Some time's people make assumptions about boys and girls. It's ok not to conform to gender stereotypes. Know it's good to be yourself

# Taught Year A Celebrating difference units 1@2

# Medium Term Plan: Supporting Implementation of LTP/Progression Grid

**Session 4:** Understand that sometimes bullying is sometimes about being different. Understand it is ok to be different, recognition of what is right and wrong and the role choice has to play in this. Know that friends can be different and still be friends. Know the difference between a one off incident and bullying.

## Taught Year A Celebrating difference units 1@2

**Session 5: Mental health**; Learning it's important to look after mental health as well as physical health and ways to do that. Mental wellbeing is a part of normal daily life. They learn about more complex feelings , how its important of look after how you feel linking this to being healthy.; What do these words mean; Emotion, frustration, nervous, anxious and that it is normal to feel this range of emotion. Children begin to articulate how they feel in simple sentence.

**Session 6**: **Wider safety**; Sun safe and risk of cancer with the sun. Staying hydrated, wearing protective clothing

Jigsaw Optional Lesson 1 Sun Safety Age 5-7