SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, yoghurt, soreen and cheese & biscuits

Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.











Week One

Meat Free Monday

Momemade Pasta in a tomato sauce

Vegetarian Sausage Roll baked diced potatoes and beans.

Strawberry Ice Cream Roll

Tuesday

V Cooks choice curry served with 50/50 rice

V Baked fishcake, baked potato waffles, peas and sweetcorn

Fresh Fruit Segments or yoghurt

Wednesday

V Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas



V Tuna Panini served with coleslaw, sweetcorn and salad

Homemade Blueberry Cake

Thursday

V Oven baked Fish served with chunky chipped potatoes, garden peas or baked beans.

V Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

Friday

V Pasta Bake served with seasonal vegetables.

WHomemade Cheese Flan served with baked jacket wedges. sweetcorn and salad

V Jelly and Fruit

Week Two

Meat Free Monday

Margarita Pizza served with baked jacket wedges. and sweetcorn

Fish Fingers with baked herby diced potatoes, and sweetcorn

Raspberry Ripple Ice Cream Roll

Tuesday

V Chilli Beef served with 50/50 rice

Ham and Cheese Panini, fresh salad, coleslaw

Fresh Fruit Salad or Yoghurt

Wednesday

V Spaghetti Bolognese served with mixed vegetables.

Quorn served with savoury rice.
and mixed vegetables

V Jelly and Fruit

Thursday

V Oven baked Battered Fish served with chunky chipped potatoes. garden peas or baked beans

V Chicken goujons served with chunky chipped potatoes. garden peas or baked beans

Homemade cooks' choice Biscuit

Friday

V Chicken curry and rice

V Selection of filled wraps

Cooks' choice Homemade Carrot Cake or Banana and Oat Cake

Week Three

Meat Free Monday

WHomemade Tomato and Mascarpone Pasta Bake served with seasonal vegetables.

Quorn nuggets with baked herby diced potatoes, and sweetcorn

Chocolate Ice Cream Roll

Tuesday

V Cajun Chicken in a bun, Baked wedged potatoes, coleslaw and sweetcorn.

Vegetarian Burger in a bun Baked wedged potatoes, coleslaw and sweetcorn.

> Fresh Fruit Segments or Yoghurt

Wednesday

V Chicken Tikka Masala served with 50/50 rice

V Baguette pizza served with fresh salad and coleslaw.

Apple Crumble and custard

Thursday

V Crumb coated chicken served with chunky chipped potatoes, garden peas or baked beans

V Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans

Homemade Biscuit or Cookie

Friday

V Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas

Twice Baked Jacket Potatoes with ham and cheese served with baked beans.

V Jelly and Fruit



Menu cycle week one: 30^{th} Oct. 20^{th} Nov. 11^{th} Dec. 1^{st} Jan. 22^{nd} Jan. 12^{th} Feb. 4^{th} Mar. 25^{th} Mar. 15^{th} Apr.

Menu cycle week two: 6th Nov. 27th Nov. 18th Dec. 8th Jan. 29th Jan. 19th Feb. 11th mar. 1st Apr. 22nd Apr.

Menu cycle week three: 13th Nov. 4th Dec. 15th Jan. 5th Feb. 26th Feb. 18th Mar. 8th Apr. 29th Apr.





= Vegetarian V = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals

